



## **IMPRODOVA Policy Development Module - Manual & Checklist -**

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**TABLE OF CONTENTS**

<b>MANUAL</b>	<b>3</b>
Introduction	3
Checklist	3
1. Feedback methods	3
2. Indicators	6
3. Dealing with overlaps	7
4. How are boundaries crossed?	8
5. Theory and Practice	8
6. Specified Resources	10
7. Maturity presentation	11
8. Defining 'fully implemented'	12
<b>APPENDIX: POLICY MATURITY MODEL CHECKLIST</b>	<b>13</b>

# MANUAL

## How to use the Policy Maturity Model Checklist

### Introduction

This manual aims at presenting how to use the checklist for policy maturity, which will link the level of policy implementation to specific next steps to be taken, ensuring a process that will feed frontline practitioners' perspectives into the policy making cycle. The checklist helps to ensure a continuous monitoring of local implementations.

Below, the dimensions of the checklist are explained in *cursive* and written as concrete instructions for those responsible of the policy maturity model drafting. In some of them, an ideal implementation of the policy is written in **red**. In **green** both national and local examples of each dimension are given.

### Checklist

#### 1. *Feedback methods*

##### 1.1 *Check Relevant Country reports of Human Rights Convention Monitoring Mechanisms (such as GREVIO)*

*When implementing a policy, gather all information from the related Human Rights Conventions and their monitoring bodies' reports.*

*Ideally, the documents can be found in a national, regularly updated database.*

**National:** See the relevant conventions obligating your country, such as the UN Convention the Rights of the Child, the UN Convention on the Elimination on all forms of Discrimination against Women (CEDAW), the UN Convention against Torture and Other Cruel, Inhuman or Degrading Treatment or Punishment (OHCHR) and especially, if applicable, The Council of Europe Convention on preventing and Combating Violence against Women (The Istanbul Convention). Check especially the Country reporting mechanisms of each Convention. Most Conventions have Expert Bodies that give out Explanations on the Conventions and Recommendations to the Parties. These can be found either on a national database upheld often by the Ministry of Foreign Affairs, or accessed directly from the webpages of the monitoring bodies of the Conventions themselves. Take into account the relevant remarks to your Country and to the specific Policy you are addressing.

**Local:** See above. Also check for national bodies' recommendations or directions given directly to the entity/entities you are addressing, such as for example National Police Board's directions to the police forces on how to perform individual assessment of victims to identify specific protection needs.

### 1.2 Include systematic feedback from grass-root level to the top

*Organize regular information gathering from the grass-root level to the top.*

**National:** Organize regular anonymous collection of feedback from the local level. For example, the National Police Board may send out a questionnaire to the local Police forces. The questionnaire may include experiences of the personnel of using a specific tool, such as risk assessment form, to find out factors that may enhance or hinder the effective prevention of Domestic Violence.

**Local:** See above. In addition, experiences can be gathered also by interviewing the local professionals.

### 1.3 Confirm confidential whistleblowing mechanisms, both internal and external

*Establish a feedback method within the entity/entities that the policy addresses. Internally, a whistleblower can bring the concerns to the attention of the managing level within the organization. Externally, a whistleblower can bring concerns to light by contacting a third party outside of the concerned organization such as the ombudsman.*

*Ideally, the whistleblowing mechanisms are well established and their information is being utilized systematically.*

*Furthermore, every police department and social welfare district should have at least one 'DV liaison officer' to act as contact person for organizational personnel, NGOs and ministries. The liaison officer could share information and facilitate training in domestic violence but also report ombudsman e.g. about negligence in domestic violence cases, lack of resources or non-fulfillment of required training.*

**National:** Most countries have a mechanism for individual concern reporting, such as the Ombudsman-system or the National Preventive Mechanism, an international initiative under the governance of the UN Optional Protocol of the Convention Against Torture. However, some countries have specific independent rapporteurs for themes such as Violence against Women. These mechanisms should be utilized for external whistle-blowing. Check regularly the reports of the external monitoring mechanisms in order to gather silent messages of possible concerns related to the services of a specific entity, such as the police. Internally, the whistle-blowing mechanisms in each entity should include the possibility of anonymous reporting.

After analyses, examination and actions, the information gathered by whistle-blowing mechanism(s) should be shared with relevant audience and published openly, if publishing is possible without ethical dilemmas. Gathered information should be utilized in training, in raising awareness, improving the organizational performance and in encouraging employees to speak up when needed.

**Local:** See above. In addition, the services are monitored locally depending on the country. For example, the Municipalities responsible for organizing/producing/procuring a support service, should monitor the level of the service and have both internal and external reporting mechanisms for individual complaints.

#### 1.4 Ensure systematic feedback from NGO's and relevant Trade Unions

*Establish regular meetings/roundtables/hearings of relevant NGO's.*

**National:** Whenever planning a National Action Plan / Policy Document, NGO's should be included in the process of planning. When following up the implementation, ministries can organize roundtables with the relevant NGO's. Working closely with NGO's which work with vulnerable groups (immigrants, refugees, homeless women, sex workers, elderly, victims of honour related violence and disabled people) is recommendable. In order to gain understanding of new phenomena in the field of Domestic Violence, it is recommendable to invite to roundtables also advocates from NGO's working with marginalized people.

**Local:** NGO's should be included in strategic and practical multi-agency approaches, such as Local working Group responsible for preventing violence. Whenever the victim of violence is in a vulnerable situation due to her/his immigration status, disability, age or extreme fear, special attention should be paid on inviting a competent NGO specialist to the multi-agency meeting with the consent of the victim in order to meet her/his special needs.

#### 1.5 Include the victim's perspective

*Establish a method for hearing from experts by experience, either including them in the implementation process or gathering regular feedback from targets of the policy.*

*Ideally, every year relevant NGOs and Victim Support Service are invited to give performance feedback of how effectively public authorities have managed to intervene and prevent domestic violence and to assist victims. NGOs and Victim Support Service are also invited to give suggestions how public authorities can improve these areas.*

**National:** Some countries have well-organized groups of Experts by Experience, which they regularly include in the policy planning and monitoring. This may be done by organizing seminars or asking for written statements at several stages of implementation.

**Local:** On the local level, the services should gather regular feedback from the customers/patients of the service. This should include the possibility of giving feedback and identifying yourself for later follow-up, as well as anonymous input. The gathered information should feed directly to the service development as well as the monitoring of the implementation of the policy.

## 2. Indicators

### 2.1. Indicator(s) measuring prevalence

Check for Repeated / Frequent survey information base → for example number of incidents, prevalence, attitudes, type / severity of injury etc.

*Ideally, information systems should be user-proof and enable an individual to enter only correct data in the system. For data accuracy, mandatory classifications should be versatile enough in order to enable the user to enter exact data. Statistical discrepancies should be analysed. Discrepancies and disparities that indicate negligence or malpractice will then be examined.*

**National:** Collect and follow information from Crime offence Reports, Criminal Justice measures such as Restraining orders, Regular Victim Surveys and Health Statistics / Surveys. See also surveys measuring changes in attitudes related to violence or gender roles etc.

**Local:** Follow numbers of incidences, for example the local police force statistics, number of house calls based on violence and hospital/ER-visits with relevant ICD-codes. See also possible data from Child Protection Services related to Domestic Violence.

### 2.2. Indicator(s) measuring availability of special services / experts

*Measure the number of special services / experts available*

**National:** Follow the number and availability of special services, such as Shelter places, also in relation to geographic area, using for example the Istanbul Convention requirements for special services or Victim's Directives minimum requirements for special services for victims. Follow also the number of used special services. Thus, check separately for example the number of Shelter places, the number Sexual Assault Referral Centres (SARC's) etc.

**Local:** See above. Compare your local situation to relevant counterparts, such as best-performing similar-sized local entities. Measure the number of available experts on the relevant fields, i.e. having received specialized training on Domestic Violence. Follow also the number of used special services.

### 2.3. Indicator(s) measuring concrete resources

*Measure how much concrete, both human and monetary resources are allocated to the function (i.e. policy/service etc.) at hand.*

**National:** Measure the amount of resources, allocated to the implementation of the relevant policies analysing the government budget.

**Local:** See whether Domestic Violence work has specified resources on the local budget level, i.e. Municipality/ local police force/ health care / social work entity. See, how the relevant services allow the staff to allocate time to Domestic Violence specified work. See, if specializing in Domestic Violence is made possible in each relevant entity.

#### 2.4. Indicator(s) measuring Human rights-based approach

*Base the indicators solidly on the human-rights-perspective in order to avoid national distortions (i.e. the lack of understanding of gendered violence), using external evaluation where available. For the critical understanding of human-rights based approach to your implementation, see to external/ expert legal evaluation of your performance.*

**National:** Firstly, see to the Recommendations by Expert Bodies following up the implementation of relevant Human Rights Conventions, secondly, see to extracts from peer review such as the UPR, thirdly, see to findings of national external evaluations of national action plans etc. and fourthly, see to critical expert legal opinions in international sources.

**Local:** In terms of basing your indicator on the human-rights perspective, see to your national monitoring mechanisms reports on the policy performance at hand, such as the ombudsman's opinions, National bureau level recommendations etc.

### 3. Dealing with overlaps

#### 3.1 Ensure the existence of open reporting cycles

*Plan the reporting cycles better. Ensure, that the reporting cycle is as open and accessible as possible, and data is being accumulated and utilized from previous reporting cycles. Open cycle means firstly, that the individuals responsible for reporting are aware of each other's and their own responsibilities, thus avoiding double reporting. Secondly, open reporting refers to the responders being aware of the timetables and the bigger picture.*

**National:** Make the reporting cycle plus the actual reports public, thus the individuals responsible for reporting may use the information previously collected and can see where their share of reporting adds to. This also enables the use of the reports for other purposes, such as service development.

**Local:** When gathering information from the local level, make sure they are aware of the national level reporting.

#### 3.2 Ensure sufficiently frequent reporting cycles

*The individuals responsible for reporting should gather information or experiences from the grass-root level of FLR's, thus making it visible, if resources are too scarce or other problems hinder the implementation.*

**National:** Keep the reporting cycle sufficiently frequent. This could mean as frequent as once a year, or in the case of an action plan, using mid-term evaluation plus final evaluation. In between the reporting cycles, make sure you gather information from the experiences of the experts as well as grass-root level practitioners.

**Local:** See above.

### 3.3. *Confirm the existence of a common database.*

*Build an accessible database of the reports gathered.*

**National:** The ministry of Foreign affairs (or equivalent), who is responsible for the reporting internationally, should uphold a database of the national report cycles and their reports.

**Local:** Individuals responsible for local reporting should be made aware of the national database and how to utilize it in their own reporting. When compiling local reports, ideally, they also should be gathered in a database, i.e., that of the Municipality.

## 4. *How are boundaries crossed?*

### 4.1. *Ensure the existence of a multi-agency approach on the strategical level*

*When there are boundaries, make sure to have a mechanism (structures) where key persons meet and plan together overarching next steps for implementation, noting that some steps may be common.*

**National:** Establish a multi-agency working group responsible for drafting National Action Plans and following up their implementation. Such a national structure may exist already based on Art. 10 of the Istanbul Convention.

**Local:** Establish a local multi-agency working group responsible for the strategic planning and implementation of national action plans and other relevant norms on the local level. The strategic planning may include safety planning, local action plans related to combatting Domestic Violence, awareness-raising etc.

### 4.2. *Ensure the existence of a multi-agency approach on the practical level*

**National:** Establish national steering groups for major practical multi-agency solutions, such as SARCs, MARACs etc.

**Local:** Establish necessary practical multi-agency solutions for customer work, such as MARAC-teams. Establish local steering groups for supporting the practical multi-agency solutions, which has managing level participation from each relevant entity involved in the practical solution.

## 5. *Theory and Practice*

### 5.1. *Ensure that policies are made into practical guidelines/tools*

*Legal implications need to be made into something very concrete and systematic in order to be fulfilled. Concrete tools; such as risk assessment forms, etc. should be made part of the daily practice and implanted into the professionals' routines. Follow-up should be routine, i.e. gathering registered data of the use of the tools. Thus, also evidence will also be gathered from the effectivity of the chosen tool.*

**National:** Make sure, that the major international Conventions as well as EU and national laws are accompanied with clear and practical guidelines when being implemented to the grass-root level. For example, draft a national tool for the implementation of a specific obligation, such as risk assessment.



**Local:** Make sure, that on the local level treatment/support paths of clients/patients are established on the local level such as Emergency Rooms, Maternity clinics, Police, Educational Institutes, Asylum Centres etc.

#### 5.2. Ensure that regular training exist on the guidelines/tools

*The importance of systematic and built-in training of the use of the concrete tool(s) cannot be exaggerated. Even when the use of a specific tool is compulsory, it may deteriorate with time if not overseen by regular training. The danger is, that without adequate training, a tool may be used in a counter-effective manner.*

*Ideally, all professionals active in the field of Domestic Violence prevention or intervention, receive a basic training on the necessary guidelines and tools as well as in-depth training during service.*

**National:** Make sure that available training exists for professionals being trained at Universities or Polytechnics, as well as Police schools. When possible, make sure the training modules are compulsory. For in-service training, create training materials available for all relevant professionals, such as e-training platforms.

**Local:** Enable access for professionals to in-service training on a yearly basis. Make sure the training materials and availability is up to standard. Make sure that regular and systematic training is available for tools being used locally, such as risk assessment forms. Demand that new employees always takes the training before using tools in practice.

#### 5.3. Commit the superiors to the use of the guideline/tools

*Even with the most effective and concrete tools, if the superiors are not committed to the chosen practice, it will not cause the expected results.*

*Ideally, policies, goals, objectives and roles are well defined in the organizations' guidelines and the superiors are competent to monitor and steer these sectors. Competence consists of knowledge, skills and attitudes, whereupon the competence and motivation in DV-related work has to be taken into account already in the recruitment process of superiors. Furthermore, the entities should have local "centres/hubs of excellence" regarding DV/GBV-matters, so that designated teams may specialize into DV.*

**National:** Make sure that the relevant ministers and other government officials are informed about the level of implementation of each policy. Commit the ministers with regular reporting.

**Local:** It is of utmost importance, that the management of local entities enable expertise-building and specializing in DV/GBV-matters, also on superior level. Another way of committing the superiors to the chosen tools is to involve them into steering groups and strategic planning of their use.

#### 5.4. Ensure the use of existing guidelines/tools on the field

*Ideally, DV-related tools, such as risk assessment tools, used by the frontline responders, are compatible with one another and with the particular information systems of the authorities. Within the legal limits of data sharing, compatibility allows information sharing and linking the outcomes of for example risk assessment. Tools are designed to be user-friendly and to make frontline responders' work easier and more efficient.*

*Furthermore, exact guidelines provide practical and concrete information. Vague or abstract expressions are avoided as they may describe obligations imprecisely and may cause people to interpret them in different ways. The guidelines should provide practitioners with solutions and concrete examples of good practices. Special attention should be given to guidelines on assisting vulnerable persons since they are individuals whose ability to present their cases is severely impaired.*

**National:** Measure and follow-up the use of the chosen tools. If the tools are not used extensively and effectively, conduct surveys to investigate reasons for this. Based on survey results, improve the tools, skills, abilities, attitudes or professionals' access to training.

**Local:** See above. Also, regularly ask for experiences from the use of the chosen tools for development purposes.

## 6. Specified Resources

### 6.1 Ensure the allocation of specific resources to the implementation

*Every action should be accompanied with the financial plan/information on the resources how to implement it. Financial resources should also include human resources. The specific tasks should be incorporated into the task description of specific professions, thus, the normal mobility of labour would not deteriorate professionalism.*

*Ideally, financial resources should encourage authorities to develop preventive measures. Evaluating the efficiency of preventive actions is difficult and may lead to a situation, where allocated resources are used only to intervene with violence that has already happened. Financial planning should include and define also preventive measures.*

**National:** See to, that a sufficient amount of resources is allocated to the implementation of the relevant policies analysing the government budget.

**Local:** Make sure that the local level D.V. work has specified resources on the local budget, i.e. Municipality/ local police force/ health care / social work entity. Make sure that the relevant services allow the staff to allocate time to D.V. specified work. Ensure, that specializing in D.V. work is made possible in each relevant entity. Ensure that the person-years allocated to D.V. work are actual; for example, in case of absence, a substitute employee is recruited.

## 7. Maturity presentation

### 7.1. Confirm the use of a sufficiently nuanced maturity level presentation

*Often the traditional traffic light presentation of maturity level is too vague. Thus, level(s) of policy maturity could be presented by percentages (of fully implemented). One additional prospect of making the maturity presentation more nuanced is the possibility of dividing one large task into smaller elements and following the implementation of each one separately. Also, possible reporting timetable/acceleration of time frame of reporting could be considered.*

**National:** For example, when looking at implementation of required amount of shelter places, first decide what the sufficient number of shelter places is. Then decide on the required distances and accessibility criterion for the required number of places. Thirdly, compare the current situation and see to the percentages by which it meets the chosen criterion.

**Local:** For example, when looking at DV cases at the police, see how many of them were referred to support services. When the required number of cases is 100%, compare the reality to that. Make sure that local areas data collection system is the same, so that situations are comparable.

### 7.2. Include the reporting back to grassroots level

*If maturity is pending, a built-in alarm should go off giving signal back to grassroots level that implementation is not complete.*

*Ideally, information should be gathered, where lacks of implementation exist and after alarm goes off, the specific information is fed back to the grassroots level responsible for finalizing the implementation.*

**National:** The gathering of information should be incorporated into the policy implementation reporting cycle. Thus, the information from a pending task is being fed back to the national entity responsible for the implementation of the function. For example, when looking at the prevalence of multi-agency co-operation, the availability of the multi-agency risk assessment conferences MARACs may imply a decrease in the recognition of Domestic Violence. Thus, the information will go back to the local level alarming them, that the sufficient level of implementation is still pending.

**Local:** For example, the local multi-agency working group responsible for the strategic planning and implementation of national action plans on the local level, should gather data from the local entities, such as hospitals and police stations, on the level of implementation. When the alarm goes off that a task is not completed, for example that a treatment/support path does not exist, the information would be sent back to the entities at hand.

## 8. Defining ‘fully implemented’

### 8.1. Define ‘fully implemented’ in the policy

*What is good enough should be agreed upon prior to drafting the policy document and when reporting, comparing the success rate to the set level of “fully implemented”. (i.e. in the form of the numeric indicators).*

*Typically, ‘Fully implemented’ should be a combination of numeric and areal attributes.*

*Ideally ‘Fully implemented’ should be a living and flexible concept: When knowledge on the topic increases, the understanding of what is fully implemented may be redefined.*

**National:** For example, when looking at the full implementation on the policy of having a sufficient number of Shelter places available, the criterion should first be decided, as to what are the numeric indicators of fully implemented: (how many places, where they should be located as to be assessible enough to match the geographic realities).

**Local:** For example, if the policy at hand is the improved recognition of violence in the maternity clinics, the ‘fully implemented’ could be measured by asking the clinics on which percentage of cases have they performed universal screening of Domestic Violence.

For example, the Istanbul convention obligates that the parties shall provide or strengthen appropriate training for the relevant professionals dealing with victims or perpetrators. For instance, regarding the police forces, this policy is fully implemented when all the police officers who work with clients have received training.

For example, the risk assessment by police should be mandatory for every domestic violence case. When the amount of conducted risk assessments equals to reported cases with classification of ‘domestic abuse’, the policy of conducting risk assessment can be considered as fully implemented.

## Appendix: Policy Maturity Model Checklist

### Policy Maturity Model Checklist

1. Feedback methods	Yes	In process
1.1. Check Relevant Country reports of Human Rights Convention Monitoring Mechanisms		
1.2. Include systematic feedback from grass-root level to the top		
1.3. Confirm confidential whistleblowing mechanisms, both internal and external		
1.4. Ensure systematic feedback from NGO's		
1.5. Include the victim's perspective		
2. Indicators	Yes	In process
2.1. Are there indicator(s) measuring prevalence		
2.2. Are there indicator(s) measuring the number and availability of services		
2.3. Are there indicator(s) measuring concrete resources		
2.4. Are there indicator(s) measuring Human rights-based approach		
3. Dealing with overlaps	Yes	In process
3.1. Are the reporting cycles sufficiently open to the parties		
3.2. Are the reporting cycles frequent enough		
3.3. Is there a common database of previous reports		
4. How are boundaries crossed?	Yes	In process
4.1. Is there a multi-agency approach on the strategical level		
4.2. Is there a multi-agency approach on the practical level		
5. Theory and Practice	Yes	In process
5.1. Are the policies made into practical guidelines/tools		
5.2. Is there regular training on the guidelines/tools		
5.3. Are the superiors committed to the use of the guideline/tools		
5.4. Are the existing guidelines/tools being used on the field		
6. Specified Resources	Yes	In process
6.1. Are specific resources allocated to the implementation		
7. Maturity presentation	Yes	In process
7.1. Is a sufficiently nuanced maturity level presentation being used		
7.2. Is reporting back to grass-root level included		
8. Defining 'fully implemented'	Yes	In process
8.1. Is 'fully implemented' defined in the policy		
9. New developments	Yes	In process